



Policy: Healthy Eating in Schools

Policy Statement

The Superior North Catholic District School Board believes that good nutrition is vital to the health and well being of each student and his/her success and potential to learn.

The school, in cooperation with the parent/guardian and the community, has an important role to play in the development of positive attitudes toward nutrition and lifelong healthy eating habits.

Food served in schools should reinforce the good nutritional practices emphasized in the Ontario Curriculum and in educational programs offered in Superior North schools. This policy is intended to assist principals, teachers, students, volunteers and parent groups, to make better informed decisions regarding the selection of nutritious foods.

The Board shall endeavor to provide the support and resources necessary for the implementation of this policy and encourage and support schools and parents in providing an environment in which students are encouraged to avail of healthy food choices on a regular basis.

Approval and Review Dates

Prior Date Approved: June 20, 2005

Revised Date Approved: August 25, 2011

Review Prior To: September, 2017

Reviewed by: Policy Committee, Administrative Council